DIPLOM-PSYCHOLOGE

SERHARD WOLF ( SWAMI AMRIT SERHARD)

COSTHESTR.7

6301 SCHÖMAU

"To whom it may concern"

I was born on september 30th in 1952 as the first sen of a grocer's family. I have grown up in a smaller town in the southwest of cormany, very near to the french border. I was educated as a catholic, and I visited the schools until I finished when I was 18 with the highest school degree. Afterwards I had to go to the army. I served with the .naratroopers and after the usual two years I left the army as a second lieutenant. Then I started the studies of psychology, which I finished as a certificated psychologist. During my studies I was very interested in the ideas and methods of the so-called "humanistic rsychology"(Gestalt-Therapy, Sicenergetics, Encounter, Transactional Analysis), and I began a training with Gerda Poyesen in hody-oriented psychotherapy. After the studies I lived in Vienna (Austria), where I worked in the international Gallur-Institut(market research). In autumn 1980 I went to Poona, India, where I become a disciple of Phagwan Shree Rajneesh. Being back to Europe I removed with my sustrian wife back to Heidelberg. In April 1981 was the hirth of my son "pritz." Since then I work as a psychologist in a rehabilitation-center for physical handicapped children and grown-ups mean Meidelberg. This center is the biggest of its kind in germany. I am responsible for about 200 adolescents and I work as a therapist in a team with physicians, teachers, educators, physiotherarists and other collegues.

My way to Bhagwan:

As I see it now, I would say the coming to him started when I was about 15 - the age where I turned away from the catholic church. I saw her in her rituals superficial and rigid, her ideology and her representatives misanthropic. Since then I had nothing to do with religion until I met Bhagwan. Important on this way were several trips to foreign countries (Europe, South America, USA), which helped me out of my narrow german horizon and left me with a lot of questions. To start with therapy and selfexperience was only a logic step, which meant to work out my socialization, my reality.

my concepts of the world and my possibilities. I've chosen the body-oriented way (bioenergetics), where I saw included body; mind and
soul. I was fascinated by the experiences I made and by the profit

I gain for my life. Nevertheless I realized by finishing the training
that something was missing. But what? It was about that time I first
heard of Bhagwan, first sceptical and then more and more interested.
And I started to test meditation. As I knew that it was meditation
what has been missed, I knew I want to go to India to experience
the phenomenon Bhagwan. I saw him and I felt him exclusivly positive,
full of love, which become a new element in my life. His death of
wisdom brought me a living religiousness. There first in my life
I got an idea to understand Jesus, as well as Buddha religion.
But I'm a disciple of Bhagwan, cause he is a now living master.

The connection between the eastern and western way of life, the living inwards (meditation) and living outwards (using my energy), the being in the here and now and the trust into the positive, gives me strength and joy to do my work.

The experience was and is richer than I can express it with this words.

fertal way