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Diplom-Designerin

To whom it may concern

Margarethenried, 19.7.83

Dear Sirs,

I have attained a degree as a scientific designer at the university of educative arts in Braunschweig. After that I gathered experience in different fields of work: for several years I was a stage designer at the theatre, I was an art teacher, I worked in the advertising business, and now I produce graphic programs for audio-visual medias at the university.

Due to my education and the following professional activities I had to be occupied a lot with psychology, which led to specific studies of authors and characterroles at the theatre, of school psychology and later on of advertising-, perception-, and working-psychology. After having studied Freud, Reich, Fromm, Mitscherlich and others, I in 1975 came upon the first "informations" about Bhagwan in the mass media: about his teachings and his ashram in Poona.

At that time I myself was attached to the ordinary narrow-minded scientific thinking, and secondly the informationen through the mass media tende to be one-sided and proved total ignorance of the facts (as I had to find out later).

At the end of the seventies the limitations of the so-far practised science became more and more evident to us. A certain dimension was missing. So we became seekers.

Used to the analytic procedure I went into the depth of history and after reading the christian mystics of past centuries, like among others the scriptures of the "Esseners", I suddenly became aware, how ingenious the present is that Bhagwan is offering us through his work: the essence of long forgotten ancient knowledge and wisdom of different cultures - this totally adapted to our present way of thinking.

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To understand his work, life, man - our being - in its wholeness is not a matter of intellect, but involves being in harmony with oneself and the cosmos and touches the deepest levels of emotions. For that purpose Bhagwan offers us - which is again ingenious - a lot of meditation technics.

He is leading us to the source. The necessity of this has also been recognized by for example the psychoanalytic school and Adorno, but nobody has been able to make us understand what it is about in reality. How to live it.

Meanwhile I have tried Bhagwan's offer, I have come to know his disciples and ashrams, and in connection with his teachings I have found a completely new quality of life.

This shows through more real joy of life, outwardly as well as deep within. This shows also

1. in my professional artistic activities (since last year I have again made new pieces of art and exhibitions)
2. in more creativity in my field of work and more loyalty towards my colleagues: This tensionless climate (meanwhile we are two sannyasins who work on a special project) brings not only advantage for all who are involved, but also for the products, which are of higher quality.

It is highly important for me to tell you about my experience with Bhagwan, far more since I find it dangerous to ignore positive energies like these at the verge of human self-destruction.

Yours sincerely

*Ma Pooe Saen'
Tupperberg Wernig*