

TO WHOM IT MAY CONCERN

Upon completion of my high school at the age of 19, I began studying at a newly opened Psychiatric hospital administrated by the University of Zurich.


After studying and nursing for three years I passed my final exam to become a fully licenced psychiatric nurse.

During this time I worked in many fields of psychiatry and became specialised in closed wards.

It was after a further two years working in my profession that I became interested in the meditations and therapies devised by Bhagwan Shree Rajneesh.

Through my experience of these techniques my work changed immensely. I gained a greater insight into my own needs and those of my patients and was able to come to a greater understanding of their dilemmas.

I feel if Bhagwan Shree Rajneesh's meditations and techniques were more widely followed there would be a lessening of internal tension for the individual resulting in a healthier society.


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