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To whom it may concern

Ladies and Gentlemen,

I would like to describe to you in what way Bhagwan Shree Rajneesh has become one of the most important teachers for me in my profession as a pianist and music teacher.

His meditations have helped me to achieve a physical state of relaxation which has made it possible for me to now play loud and quick parts without effort or strain - which normally is one of the greatest problems for women. None of my music teachers had been capable to mediate this capacity to me during my 10-years' training as a musician. Bhagwan's meditations have also helped me to experience music in a deep way not feasible to me before.

His books and therapy groups have also enriched my experience as a woman music teacher. I now for example am capable of recognizing the cause of physical tensions in my pupils which allows me to teach with much more empathy than before and also to help them to loosen up.

Yours sincerely,

*Christina Glaus*  
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