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To whom it may concern:

I am a 36 year old American. I hold a B.A. in Psychology and have equivalent training for a Masters degree.

I worked as a counselor, group leader and Supervisor of clinical therapy in a youth center and for a New York City agency for seven years. I dealt with the judicial system, community groups and educational institutions during this time as well as lead therapy groups and private counselling sessions.

I was self-employed for three years working in the capacity of an Administrator, Director and teacher in a Natural Healing School. We had between 70-100 students. As part of our public relations I appeared a few times on T.V. performing Tai Chi and speaking on alternative health practices.

I spent 3+ years in Asia - Taiwan, Hong Kong, China and India studying alternative health practices.

I have been successful both professionally and financially; owning my own home, new cars, etc. I always had a feeling that there was something more to life - more than owning things & being a professional. Then I met

EXHIBIT "A-2003"

Bhagwan. My experience from meeting Him and being in His presence has transformed my success. I am now successful in everything I do. For example, I never had the experience of cooking a whole meal; now I am a cook and it is through Bhagwan's presence, every day, that I cook and create whole menus.

I'm learning to express my love for people through the food I prepare. I find myself thinking of the people who are eating this food as part of my family. Whether they are Sannyasins, "lovers of Bhagwan," or people who have never heard of Him.

By being in Bhagwan's presence he has given me a wonderful gift of opening my heart. The food, is now a way of celebrating, sharing and communicating this joy I have to the public vis a vis the restaurant.

I can work for sixteen hours, in matter of fact, the more I work the happier and lighter I feel. In the past, although I was always a "worker," I often got exhausted now I don't.

The energy & enthusiasm that I feel in my work and people I work with is a source of continuous regeneration. This is what it means to be in the presence of a living master.

Sincerely,
Karen Frantzis