

To whom it may concern

2nd of August, 1983

I'm happy about the possibility to write to you today.

I've been a disciple of Bhagwan Shree Rajneesh since 3 years. I got to know Him through doing self-realization-groups in Germany. At this time - after being succesfully in my profession, but not fulfilled, after going back to university and seeing the pointlessness of it, after being in political- and feminist-groups, after finally searching for 'something else' in drugs, after a seven-year-chaotic-relationship - I was quite hopeless about myself and my life.

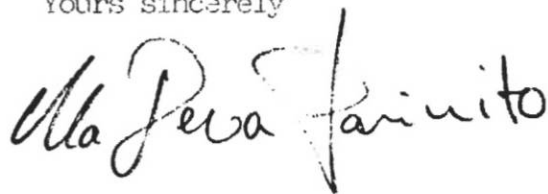
My approach to Bhagwan was not intellectual at all. Without reading any of His books I decided to become one of His disciples. Then later on in Poona (India) I was listening to Him in lectures but not really understanding. His teaching reached me more through working and living in one of His communities, with other Sannyasins and under His guidance.

Here slowly slowly I get to know about myself, about my suffering, about my fears, about my needs; about the possibility of living joyfully.

Immediatly after taking Sannyas I was dropping a great fear, the fear that my life is already pre-programmed and conditioned through my childhood, my own self, my surroundings and I could do nothing about that. And I saw so much around me I couldnt accept.

Bhagwan was telling me that everybody is responsible for his life, you have your life in your hand, everything that happens to you you have invited. That was a great relief. Now I could do things I should have never dreamed before. Like having a child; being married, living a totally normal life. Because now I know that nothing by itself can be bad its yourself that creates it.

Yours sincerely



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