

To whom it may concern,

My name is: "Ma anand Soarupa".

Bhagwan Shree Rajmash gave me this name in March 1979, the day I took Sannyas. From that day on all my life changed.

Not in a quick wild way, no the change happened in a very subtle process of learning and understanding myself and others better.

I worked in Bhagwan's Commune in Poona for one year and three months, as a worker in the kitchen. It was the time I learned to love the work whatever it was, cleaning or cutting vegetables or cooking. With the discovering of the joy in the work also my moody and miserable character towards life changed. My attitude of seeing problems and being full of fear transformed in a watchful and quietness. Life looks to me now and will like a miracle, full of light and joy.

Now I am working in one of the Rajmash Restaurants called "Zorba the Buddha".

I am cooking delicious vegetarian food.

The people, who come to eat, sometimes after dinner come in the kitchen, telling us

that the speciality in our food is the love with which we cook the dishes.

When they thank us, I thank Bhagwan because all this gratitude and thankfulness goes to him. It is his work which made it possible that people can feel love like a spice in the dishes.

Bhagwan gave me what I was searching for in all these years in the university.

I studied philosophy, literature and psychology to find out what life is all about. Since I met Bhagwan I'm living life and it becomes more joyfull every day.

Thank you Bhagwan  
and thank you whosoever reads this letter

Ha anand soorupa  
(Gundula As-Newwils)